

Elizabeth College Enrichment Program –Block 2- 2019

Enrolment in Home Group Wed 24th July, program starts Monday 29th July – Friday 27th September.



Elizabeth College
inspired resourceful learners

Adventure				
Activity	When	Where	Teacher	Cost
Explore the ancient Tarkine Wilderness Come and be part of this once in a life time opportunity to explore the world's most significant temperate rainforests, home to unique species of plant and animal life including a possible sighting of the Tasmanian Tiger!! Max 19 via expression of interest process.	1 st Meeting Wed 31 st July 2.30pm F107 3 x Full Days Thu 19 Sep – Sat 21 Sep.	Tarkine NW Tas	S.Briggs F103 M.Goss B304	\$40
Laser Tag at Zone 3 5 sessions of completely free Lasertag with prizes at the end! The first session will be to try it out and form some balanced teams, then the next four will be a round robin and finals to crown a winning team.. Nil cost but you must collect permission forms at the first meeting and return before first game to attend.	First meet Wed 31 July 2.30pm B 306 Wednesday fortnights 3.00pm – 4.00pm	Zone 3 Village Cinemas	B.Hendriks B304	Nil
Indoor Climbing All levels catered for. Come and learn the ropes as a beginner or hone your skills on bouldering walls or roped climbs at Rockit Indoor Climbing Centre. Coaching provided for first two sessions. Initial meeting and permission forms A302 2.30pm 31 st July, return forms to teacher/main office by first session 7th August to confirm place.	5 x Wednesdays 2.30pm – 4.30pm	A302 first meet 2.30pm 31 st July. Rockit Hobart.	R.Korn A309	\$30 – 5 sessions.
Scuba & Snorkel Great Barrier Reef Trip QLD EC's second trip to the Great Barrier Reef to Snorkel and/or Scuba Dive on one of the great natural wonders of the world. The trip runs in the first week of term 3 holidays, with options to complete PADI accredited dive courses, advance existing accreditation, or simply go scuba diving (for those who already hold certification) or snorkelling at this world class destination. Only students already enrolled may count this as their Block 2 Enrichment.	28/9 – 2/10/2019 Pre-trip training TBA	Queensland	J.Hoare B304 C.Sierink K.Peacock L.Schmalfuss D.Purnell	\$2200 all inclusive
Sport and Recreation				
Activity	When	Where	Teacher	Cost
AFL - LIVE – North Melbourne VS Melbourne Round 23 Come and watch a great game of AFL between North Melbourne and Melbourne for the last AFL round over 23 August weekend. Meeting Wednesday 31 st July 12.30pm T104 to collect information and permission forms, first 20 in with forms and payment slips.	Last round date TBC	Blundstone Arena	A.Bester T103 T.Medwin T108	\$10
Badminton All levels welcome to play during the lunch time. Coach will be available from the Southern Tasmanian Badminton Association for specific assistance throughout the program.	Tuesday lunch 12.30pm – 1.30pm	Gym	D.Heather	Nil

Basketball Our mixed basketball enrichment sessions are run by Hobart Chargers players. They will be structured training sessions and will involve some match play. Only choose this enrichment if you are serious about improving your basketball and willing to train and play with a high level of intensity.	Friday lunch 12.30pm – 1.30pm	Gym	R.Thomas F103	Nil
Futsal World Cup competition. Join as a group of 5 plus subs in your country of choice or come along to be placed into teams. Short games each week culminating in a World Cup Grand Final.	Monday lunch 12.30pm – 1.30pm	Gym	P.MacFarlane N108	Nil
Learn to be a Cricket Umpire If you have played or been an interested observer, you know how important umpiring is to the game. Cricket needs good umpires. Become involved, accept the challenge, add value to the game and contribute hugely to cricket. This series of free workshops will provide training in the Laws of Cricket and the skills and techniques to apply them.	Wednesday lunch 12.30 – 1.30pm	D106	M.Graham- Smith T302	Nil
Netball – Fast 5 Mixed Fast 5 is netball like you've never seen before! A variation of netball with dynamic rule changes to make it faster and more competitive - five players per team instead of 7, shorter quarters, power plays and super shots for extra points! Teams of 5 (mixed), all abilities welcome	Thursday lunch 12.30pm – 1.30pm	Gym	L.Boyd	Nil
Squash If you're looking for a challenge or just a different and fun way to get to know people, then squash is for you. Beginners or Experienced players welcome to join a group to play on a Wednesday fortnight. Transport provided. Initial meeting to collect information and permission forms Wednesday 31 st July 2.30pm F213.	Wednesday fortnights	Parsons Sports Centre	F.Moore B201	\$25

Health and fitness

Activity	When	Where	Teacher	Cost
Dance Compulsory dance tutorial for those in dance choreography and performance 3. Focus on end of year exam pieces and major theory pieces.	TBC	E Block Dance studio	A.Boughton T108	Nil
Gym for Girls Weekly opportunity to develop any aspect of fitness - a qualified personal trainer will be available to run the program.	Wednesdays 2.30pm - 3.30pm	Chuggy's gym K Block	M.Young B110	Nil


Kettlebells The kettlebell or Russian "Pood" is an awesome way to develop functional strength and overall fitness. These classes will be run by Jamieson Smalley who is a level 2 kettle bell coach. The sessions will focus on correct technique. Swing, press, rack and snatch will be just some of the movements. The sessions will culminate in a kettle bell competition.	Monday lunch 12.30-1.30pm	Chuggys Gym	J.Smalley F103	Nil
Self Defence Boxing Boxing – Learn how to defend yourself and get fit at the same time. This term we will also introduce Muay Thai kickboxing into our defence, and go to the next level with our boxing. Beginners are welcome!	Wednesday 2.30-3.30	Gymnasium	J.Clifford T103	Nil
Strength and conditioning Available every lunch time. Use your own program or get help in designing one for your needs.	Every lunch time 12.30pm – 1.30pm	Chuggy's gym	R.Reed D107	Nil
Yoga Relax, unwind and improve your flexibility through yoga enrichment. This program is suitable for all abilities and is an excellent opportunity to relax during a busy school day.	Wednesday lunch 12.30pm-1.30pm	Undercroft	A.Crocker N204	\$20 / 8 classes

Certificate Courses

Activity	When	Where	Teacher	Cost
Bronze Medallion Qualification / Police Bronze Medallion Useful prerequisite qualification for a range of employers including Police, or, make yourself employable as a pool lifeguard. You must be a confident swimmer capable of 400m swim using a variety of strokes. Run by Royal Life Saving Tasmania. First meeting Wednesday 31 st July 2.30pm F106	3 x Wednesdays 2.30pm – 3.30pm + 1 full day Tuesday in term 3 TBC	F106 + Hobart Aquatic Centre	S.Verrier N207	\$70
First Aid Certificate Course Get your first aid certificate under the guidance of a qualified teacher and St Johns instructor. First meet Tuesday 30 th July T306 to receive paperwork and enrol. Max 40 each block (first in with forms and payment slips). Course starts Tuesday 6 th August lunchtime T306.	3 x Tuesdays 12.30pm – 1.30pm 1 x Full Day Tue 20 th August	T306 Prac day in Undercroft	J.Glover	\$60
Get your LI licence This is an opportunity to study for your LI car licence and sit the test here at College. Successful candidates will be given a voucher to take to Service Tasmania where you can collect your Licence once you have paid them the administration fee. Max 20 randomly selected, wait list in terms 2 & 3. No Cost for training.	Tba on homegroup news. Recess or lunchtimes by arrangement.	B104	D.Brown B103	Service Tas admin fee
Recreational Boat Licence One full day to be confirmed, half theory/test, half practical training. Initial meeting Wednesday 31 st July 2.30pm B104 to collect information and permission forms + 1 full day TBC.	First meeting Wednesday 31 st July + 1 full day TBC	DSS Battery Point	D.Brown B103	\$70

Responsible Service of Alcohol An opportunity to get your Responsible Service of Alcohol certificate. Provided by service provider in conjunction with EC staff member. 3 – 4 Theory Sessions + 1 Practical Session TBC. Initial meeting Wed 31 st July 2.30pm Undercroft to receive paperwork, return by Wed 7 th August 2.30pm Undercroft to confirm place. Max 40 students first in with permission forms and payment slips.	2 x Wednesday meetings in Undercroft + 1 full day training (Wed TBC)	Undercroft	R.Davies F206 N.Harstead A310	\$30
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Clubs and Societies

Activity	When	Where	Teacher	Cost
Debating- College team Join the winning teams from previous years and continue the tradition. Prior debating experience is desirable.	Wednesday 2.30pm - 3.30pm	E408	E.Kearney E502	Nil
EC Film Society Come and watch a range of classic, cult, art house, `must see` or blockbuster films – a mix of teacher and student suggested. Designed mainly to entertain, but including basic film theory for the film buffs among us. May include a cinema visit. BYO snacks.	Wednesday 2.30pm – 3.30pm	Library Sem Rm 3	K.Pedersen A304	Nil
Exploring Christianity with Alpha Youth Alpha Youth is a series of talks which seek to engage you in conversations about faith and life. Each week of Term 3, Alpha will include some food, an interactive short talk (approx. 20 mins) on-screen, interspersed with group discussion. There will be will be no cost, no home-work and no follow-up. See alpha.org.au if you'd like to know more detail or speak with Cameron Brett.	Wednesday 2.30pm – 3.30pm 	Nangaree N107	C.Brett	Nil
Student Leadership Group (SLG) Do you have an idea that could improve College life? Do you want to be a leader but not sure how to develop your skills? Join the SLG to develop your confidence to speak at meetings and at assemblies, respond to student concerns, organise events and fundraisers, be part of projects around the College and do all this with a great team of young leaders.	Wednesday lunch 12.30pm – 1.30pm	Library Boardroom	S.Saunders T103 H.Watts H102	Nil

Music

Activity	When	Where	Teacher	Cost
Concert Band The Southern Colleges and UTAS Wind Ensemble is a large scale concert band open to musicians proficient on woodwind, brass, electric bass or percussion instruments. The ensemble is run in collaboration with Rosny, Hobart, Claremont Colleges and the Conservatorium of Music. Participants have the option of enrolling in a UTAS unit. The ensemble rehearses in two eight week blocks in line with university semesters and presents a number of performances throughout the year. Commitment to the band is required for the two eight week rehearsal/concert blocks.	Thursday 4.00pm – 6.00pm	Conservat- orium of Music.	L.Johnston E307	Nil

Stage Band The Stage Band is open to students who play trumpet, trombone, saxophone, guitar, piano, bass, drums as well as vocalists. The ensemble performs a wide range of styles from swing to funk and everything in between. Commitment to the band is required for the year.	Wednesday 2.30pm - 4.00pm	E101	L.Johnston E307	Nil
Small instrumental ensembles This are ensembles for students who already have a significant skill level on their instrument. The ensemble is open to students who play wind, brass and string instruments and want to play in a small group. The ensembles will have a number of performance opportunities through the year.	TBC	E313	J.MacDonald E306	Nil
Funk Ensemble This is an ensemble for students who already have a significant skill level on their instrument. The ensemble is open to rhythm section, brass/sax players and vocalists. The ensemble will have a number of performance opportunities through the year.	Tuesday 12.30-1.30pm tbc	E101	J.MacDonald E306	Nil
Jazz Combo This is an ensemble for students who already have a significant skill level, both on their instrument and within the jazz genre. The ensemble is open to rhythm section, brass/sax players and vocalists. The ensemble will have a number of performance opportunities through the year.	Wednesday 12.30- 1.30pm	E313	Y.Izumi E307	Nil
Contemporary Vocal Ensemble This course is available to all students. There will be a focus on blending voices and singing in harmony with repertoire chosen from contemporary genres.	Wednesday 12.30 – 1.30pm	E408	J.MacDonald E306	Nil

Other Options

Activity	When	Where	Teacher	Cost
Card and Board Games Keen to join a group of board and card game enthusiasts? Choices of card games and board games provided or bring your own favourite, and free coffee and milo. Nothing to bring but a willingness to make new friends.	Wednesday 2.30pm – 3.30pm	F203	D.Pybus F205	Nil
Ceramics An opportunity for students to enjoy hand building and learn about glaze technology.	Wednesdays 2.30pm - 4.00pm	B102	J.McDonald J.Morgans B214 D.Stolp N210	\$20/term or \$3/class
Chinese Board Game – Mahjong Come and learn to play the most popular board game in China – Mahjong. It is a perfect way to make friends, have fun and know some Chinese culture. The winners of the game each session will be rewarded with a prize.	Tuesday lunch 12.30pm – 1.30pm	First meet F209 & F210	B.Xu H102	Nil

Community Cooking Cooking food for Food Bank with a little extra for you to enjoy.	Wednesdays 2.30pm-4.00pm Starting 22/2	B106 Kitchen	D.Gerke B110	Nil
Drama 3 Rehearsals Out of class rehearsals for Drama 3 students in preparation for their practical exam.	TBC with group	Theatre	G.Perry E402	Nil
40 Hour Famine Group 2019 September 6 - 8 The 40 Hour Famine Backpack Challenge takes a stand for refugees around the world. Join with other young Australians to lead global change by raising funds for young people who've been forced to flee their homes. Take up the challenge and commit to living out of your backpack with only essentials for 40 hours. Alternatively, choose to go without food or other luxuries for 40 hours, asking friends and family to support you by making a tax-deductible donation. Globally there are 68.5 million refugees and displaced people - and more than half are aged under 18!	Tuesday Lunch 12.30-1.30pm First meet Tuesday 30 th july	Library Seminar Room 1	C.Brett N102	Nil
Japanese Cooking Want to know what okonomiyaki is, learn how to make the perfect winter ramen, roll some sushi, fall in love with Kewpie , make your own matcha ice-cream . Then this is for you.	Wednesdays 2.30pm – 3.30pm	Commercial Kitchen	K.Bacon B110 H.Watts H102	\$20
makerSpace Two short projects to start, creating a Useless Box and engraving drawings or photos onto glass or acrylic. Examples: http://tinyurl.com/ecmakers You can also experiment with 3d printing, Digital Electronics, Coding, Wi-Fi, Internet of Things, Arduinos, Photon Particles, Bluetooth modules, Apps, Robotics and more!	Wednesdays 2.30pm – 3.00pm + Friday lunch 12.30 – 1.30pm	T109	S.Dodge T302	\$5
LAN Games Bring your own portable devices if you desire. This will be a good setting to tee up a local LAN game, talk gaming tactics and make new friends.	Wednesday Lunch 12.30pm – 1.30pm	T301	L.MacDonald T302	Nil
Life Drawing A must for all students wishing to learn how to draw and an opportunity for visual art students to build a substantial support folder for assessment. A Life model will be provided for each session.	Wednesday 2.30pm - 4.00pm	B213	J.McDonald J.Morgans B214 D.Stolp N210	Tba

Theatre Performance Skill Development Students enrolled in Theatre Performance will also be required to participate in this course in addition to regular class time. Enhance vocal technique, strength conditioning for stage, character exploration.	TBA - weekly meetings by arrangement.	Theatre	J.Wagner E307	Nil
UNO Come along to play this age old game with like-minded enthusiasts. Lots of fun and laughter in the library every Wednesday.	Wednesday 2.30pm – 3.30pm	Library	C.Coleman F103 K.Berechree	Nil
Wildlife Rescue New Activities Learn more about Tasmania's fascinating range of mammals, raptors and reptiles, and help the recovery and rehabilitation effort of native species. Cost includes educational visit to Bonorong (7 August), rescue talk from a Senior Wildlife Keeper, tour of the new purpose built native vet facility, and visit to Raptor Refuge in Kettering (21 August), plus one rescue session (18 September). Find out how to become a 'Friends of Critters' rescuer, and put together your own rescue kit to help wildlife in your area.	3 x Wednesdays 2.30pm -5.30pm First session 1 hour for information and permission forms Wed 31 st July 2.30pm F104	F104 + off campus excursions.	C.Dergess A310 D.Dadswell F202	\$20
Subject Support				
Activity	When	Where	Teacher	Cost
Chemistry	Mondays 3.00pm – 4.00pm		D.Beswick B302	Nil
Physics	Wednesday Lunch 12.30 – 1.30pm		D.Beswick B302	Nil

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