



Elizabeth College Enrichment Program –Block 2 2021

Enrolment in Home Group Wed 21st July, program starts Monday 26th July – Friday 24th September

| Adventure | | | | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|-------------------------------------------|--------------------------------------------------------------|
| Activity | When | Where | Teacher | Cost |
| <p>Day Bushwalk – Alpine Winter Walk Don your boots and winter woollies for an alpine excursion into Tasmania’s rugged highlands. Bushwalking to summits with spectacular views, beautiful scenery and maybe even a play in the snow! A medium level of fitness is required, and a maximum of 11 students can attend the walk, which will be first in with permissions and payments following the important first meet on Wednesday 28th July B310 12.30pm</p> | <p>Saturday Tbc</p> <p>First meet Wed 28th July B310</p> | <p>Mt Field or Mt Wellington</p> | <p>M.Goss B304 T.Marshall B312</p> | <p>Nil</p> |
| <p>Mountain Bike trail ride and Wellington Falls walk This one day trip starts at Fern Tree, and the ride includes a gentle but sustained 8km climb along the Pipeline Track, for students with some riding experience and a medium level of fitness. After the ride there is a 1.8km bushwalking track to the spectacular Wellington Falls. Cost includes bike hire if needed, transport from EC and snacks. First meet Wednesday July 28th 2.30pm in room F106</p> | <p>Sunday 12th September or Sunday 19th September back up date.</p> | <p>Fern Tree Mt Wellington</p> | <p>P.MacFarlane B214 H.Watts H106</p> | <p>\$5</p> |
| <p>Rockclimbing – Indoor and Outdoor Starts with four sessions of Indoor Climbing at Rockit Climbing Gym. Concludes with a day trip to Sand River near Buckland, a chance to try outdoor rockclimbing on sandstone cliffs in a natural bushland environment. Students will receive professional instruction from a Tasmanian Climbing Instructors Association guide, learning knots, belaying, safety checks, communication calls, and a range of techniques used to scale rock faces. First meet Wed 28th July 10.30am recess F104.</p> | <p>4 x Wednesdays 2.30pm – 4.00pm</p> <p>Saturday 4th September Sand River Day trip.</p> | <p>Rockit Indoor Wall</p> <p>Sand River Buckland</p> | <p>S.Cameron F103 S.Briggs F103</p> | <p>\$30 Rockit Sessions \$10 Sand River Day Trip</p> |
| <p>Rafting Picton/Huon River Whitewater Rafting with King River Rafting company. Experience the thrill and adrenaline of running Whitewater rapids on winter water levels, and the beautiful scenery surrounding these spectacular river catchments. All specialised safety gear and wetsuit/thermal clothing for rafting is provided. First meet Wed 28th July 2.30pm F.107.</p> | <p>1 full day Sat Tbc</p> <p>First meet to receive information and forms Wed 28th July 2.30pm F107</p> | <p>Picton/Huon River depending on water levels.</p> | <p>S.Lampasona F103</p> | <p>\$40 Tbc</p> |
| <p>Scuba Advanced Open Water Course. GODIVE Only for students who have already completed Open Water Dive Certificate. 5 dives (including a night dive, and cave dive), advanced buoyancy control, navigation and other topics are included over two days at the Tasman Peninsula. Limited theory by workbook prior to the weekend and mainly practical training. First information meet is Thursday 29th July recess T211.</p> | <p>Sat 25th – Sun 26th September (First weekend of term 3 holidays).</p> | <p>Pool, Tasman Peninsula.</p> | <p>C.Sierink T207</p> | <p>\$300</p> |

Sport and Recreation

| Activity | When | Where | Teacher | Cost |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|-------------|-------------------------------------|-------------------|
| Bowling – Ten Pin Have a bowl and a laugh, make up teams or join a team. Weekly prizes. 4 sessions/games. Initial meeting Wednesday 28 th July F110 to receive information. | 4 x Wednesday fortnights 2.30pm – 4.15pm | Moonah Bowl | M.Graham-Smith T302 S.Dodge T213 | \$30 – 4 sessions |
| Badminton All levels welcome to play during the lunch time. | Monday lunch 12.30pm – 1.30pm | Gym | D.Heather | Nil |
| Basketball Weekly mixed basketball games and activities during lunch time. All welcome. | Thursday lunch 12.30pm – 1.30pm | Gym | C.Cato T302 | Nil |
| Wheelchair Basketball and other Paralympic Sports Run by Paraquad Tasmania, this Enrichment option includes four sessions of wheelchair basketball, wheelchair AFL, Sitting Volleyball and Balloon Soccer. Also hear some personal stories from athletes in these sports as well as some education on Spinal Injuries in Tasmania. | Wednesday lunch 12.30-1.30pm First 6 sessions Tuesday lunch 12.30-1.30pm Last 4 sessions | Gymnasium | J.Sharp A309 | Nil |
| 8 Ball Tournament The tournament is limited to 16 players only, and the format will be a singles competition based on 'Kelly pool' with 2 tables going at once (rules will be explained on the day). There will be an overall prize based on a points system over the entirety of the enrichment period. The 'GOLDEN CUE' will be presented to the winner at the conclusion of the tournament and the winners name will be placed on a very RITZY honour board within the room. You don't have to be a superstar to play in this format as there is also be an element of luck involved, so beginner to expert levels, all welcome. | Friday lunch 12.30 – 1.30pm | T104 | T.Medwin T108 A.Boughton T103 | Nil |

Health and fitness

| Activity | When | Where | Teacher | Cost |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|----------------------|-------------------------------|------|
| Fitness for Girls Want to increase your fitness levels. Not sure how to get started in the gym? Come along for an hour long small group girls only gym session that will target all your fitness needs. Each week you will be introduced to a range of activities both cardio and strength, examples being but not limited to kettle bell, fit ball, boxing, circuit, aerobics, Pilates. Every session will finish with a stretch to ease those muscles. Wear comfortable clothing to move in, gym shoes and water bottle. | Wednesday lunch 12.30 – 1.30pm | Chuggy's gym K Block | M.Young B110 R.Thomas F105 | Nil |
| Strength and conditioning Available every lunch time. Use your own program or get help in designing one for your needs. | Mon, Tue, Thu, Fri lunchtimes 12.30pm – 1.30pm | Chuggy's gym | R.Reed D107 | Nil |
| Ultimate Frisbee Looking for something to do during lunch?? Not into the traditional sports?? Then come and give ultimate frisbee a go! It's great fun, fast paced and non-contact. Teams of 5, 2 x 5minute halves. All you need to do is enrol and turn up to the first session on Friday 30 th lunch to find out all about it. | Friday lunch 12.30pm – 1.30pm | Gymnasium | J.Smallley F103 | Nil |

Certificate Courses

| Activity | When | Where | Teacher | Cost |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|-----------------------------------------|--------------------------------------|
| <p>Barista – Espresso Essentials Course Cover the basics of professional coffee making and make yourself more employable with a certificate of attendance from TAFE which includes units from the National Training Package. Provided by TAFE Tasmania in conjunction with EC staff. Two meetings to complete enrolment paperwork + one practical day. Initial meeting Wed 4th August in Undercroft to receive information, TAFE enrolment paperwork and get Unique Student Identifiers, return ASAP to confirm your place. Max 16 students first in with payment slips AND completed TAFE enrolment paperwork. Students need to go straight to the main office and make payment before the first meeting on 4.8 to collect enrolment paperwork.</p> | <p>First meeting Wednesday 4th August 2.30pm Café Tang</p> <p>1 Full Day Wed 1st or 8th September</p> | <p>Café Tang + Drysdale, Hobart</p> | <p>A.Bester T108 K.Peacock A310</p> | <p>\$180</p> |
| <p>First Aid Certificate Course Get your first aid certificate under the guidance of a qualified teacher and St Johns instructor. Max 20 each block (first in with forms and payment slips). First meet Wed 28th July T301 to collect information, permission forms, and begin online learning.</p> | <p>2-3 meetings Wed 2.30pm to complete paperwork + 3 x Wednesdays 2.30- 5.00pm to complete practical training.</p> | <p>T301</p> <p>Pracs in Undercroft 1,8 & 15 September.</p> | <p>F.Moore F211</p> | <p>\$60</p> |
| <p>Get your LI licence This is an opportunity to study for your LI car licence and sit the test here at College. Successful candidates will be given a voucher to take to Service Tasmania where you can collect your Licence once you have paid them the administration fee. Max 20 students each block.</p> | <p>Tba on homegroup news. Recess or lunchtimes by arrangement.</p> | <p>B104</p> | <p>D.Brown B103</p> | <p>Service Tas admin fee</p> |
| <p>Responsible Service of Alcohol Qualification An opportunity to get your Responsible Service of Alcohol certificate. Provided by TAFE Tasmania in conjunction with EC staff. Two meetings to complete enrolment paperwork + one practical day. Initial meeting Wed 4th August in Undercroft to receive information, TAFE enrolment paperwork and get Unique Student Identifiers, return ASAP to confirm your place. Max 40 students first in with payment slips AND completed TAFE enrolment paperwork. Students need to go straight to the main office and make payment before the first meeting on 4.8 to collect enrolment paperwork.</p> | <p>First meeting Wed 4th August 2.30pm Undercroft +</p> <p>1 Full Day Wed 1st or 8th September</p> | <p>Undercroft</p> <p>Drysdale TAFE Hobart</p> | <p>R.Korn A309 J.Clifford T103</p> | <p>\$75</p> |

Clubs and Societies

| Activity | When | Where | Teacher | Cost |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|------------------------|------------------------------------|------|
| <p>Book Club For those who love books, love reading, love sharing what they've read and want to spend a lunchtime sharing their love with other book worms. Activities can be adapted to suit students and may involve sharing extracts from novels or parts of film adaptations or trailers from favourite novels. Weekly meetings taking turns to share some wonderful words that we've found. Bring your lunch, have a Milo, and join us to escape into other worlds.</p> | Wednesday lunch 12.30pm – 1.30pm | Library Seminar Room 2 | G.Lucas F205 | Nil |
| <p>Chess Club Beginners and masters all welcome. Come along, meet new people, play chess, improve your skills and have fun. We'll have competitions and social games. You choose what you want to do. This term we'll start with a mini tournament to identify a team to put forward into the Interschool Chess Championships. This will kick off straight away so if you want to be in the team, get to Chess Club!</p> | Wednesday lunch 12.30pm – 1.30pm | Library Seminar Room 3 | M.Preston L204 | Nil |
| <p>EC Film Society Come and watch a range of classic, cult, art house, 'must see' or blockbuster films – a mix of teacher and student suggested. Designed mainly to entertain but including basic film theory for the film buffs among us. May include a cinema visit. BYO snacks.</p> | Wednesday 2.30pm – 3.30pm | Library Seminar Room 3 | K.Berechree L204 | Nil |
| <p>LGBTI Diversity Gathering Come along and socialise with like-minded people and celebrate LGBTI diversity. Allies and friends of the community are also encouraged to join. The plan is to have a mix of social time, celebration and education. Our college nurse, Jesse Blackaby will be running the group and topics will be guided by you. We look forward to making a positive contribution to society.</p> | Tuesday lunch 12.30pm – 1.30pm | T310 | J.Blackaby School Nurse N107 | Nil |
| <p>Student Leadership Group (SLG) Do you have an idea that could improve College life? Do you want to be a leader but not sure how to develop your skills? Join the SLG to develop your confidence to speak at meetings and at assemblies, respond to student concerns, organise events and fundraisers, be part of projects around the College and do all this with a great team of young leaders.</p> | Wednesday lunch 12.30pm – 1.30pm | Café Tang | D.Pybus F205 | Nil |

Music

| Activity | When | Where | Teacher | Cost |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|-----------|---------------------|------|
| <p>Large Contemporary Ensemble This is an ensemble for students who already have a significant skill level on their instrument. The ensemble is open to rhythm section, brass/sax players and vocalists. The ensemble will have a number of performance opportunities through the year. Style of ensemble is to be determined by members.</p> | Monday lunch 12.30 – 1.30pm | E101 | T.Webster E307 | Nil |
| <p>Music Technology, Audio Engineering, and Songwriting Come to collaborate with other students to write and produce music by recording, sequencing and mixing. A range of Music Technology, audio engineering, songwriting, and beat making tools will be used to produce some audio products.</p> | Thursdays 3.00 – 4.00pm | E313-E317 | Y.Izumi E503 | Nil |
| <p>Rock Band This ensemble is open to students of all skill level. The ensemble is open to rhythm section players and vocalists. The ensemble will have a number of performance opportunities through the year.</p> | Friday lunch 12.30 – 1.30pm Tbc | E101 | T.Webster E307 | Nil |
| <p>Stage Band The Stage Band is open to students who play trumpet, trombone, saxophone, guitar, piano, bass, drums as well as vocalists. The ensemble performs a wide range of styles from swing to funk and everything in between. Commitment to the band is required for the year.</p> | Wednesday 2.30pm - 4.00pm | E101 | L.Johnston E307 | Nil |
| <p>Small instrumental ensembles This are ensembles for students who already have a significant skill level on their instrument. The ensemble is open to students who play wind, brass and string instruments and want to play in a small group. The ensembles will have a number of performance opportunities through the year.</p> | TBC | E313 | J.MacDonald E306 | Nil |
| <p>Contemporary Vocal Ensemble This course is available to all students. There will be a focus on blending voices and singing in harmony with repertoire chosen from contemporary genres.</p> | Wednesday 12.30 – 1.30pm | E313 | T.Webster E307 | Nil |

Other Options

| Activity | When | Where | Teacher | Cost |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|--------------------------------|----------------------------------------------------|----------------------------------------------|
| Ceramics An opportunity for students to enjoy hand building and learn about glaze technology. | Wednesdays 2.30pm - 4.00pm | B102 | J.Morgans T207 D.Stolp N210 K.Camm T207 | Nil |
| Chinese Board Game – Mahjong Come and learn to play the most popular board game in China – Mahjong. It is a perfect way to make friends, have fun and know some Chinese culture. The winners of the game each session will be rewarded with a prize. | Friday lunch 12.30pm – 1.30pm | F209 | B.Xu H106 | Nil |
| Community Service On the completion of 50 hours you will receive a Community Service Learning level 2 and 5 TCE points. More than just cooking, there will be fun and sharing with the broader community, even the possibility of learning new skills while creating. There will also be opportunity for extra hours outside school time to make up your 50hr if you so choose. | Tuesday lunch 12.30pm – 1.30pm OR Line 5 if free line. | Domestic Kitchen A Block | D.Gerke B110 | Nil |
| Crochet Would you like to learn how to crochet a granny square or make a warm scarf for someone in need? No skill level required, come along have a chat and learn some basics. Please bring along your own wool and crochet needles or \$5 to have it provided. | Wednesday lunch 12.30 – 1.30pm | T211 | A.Knowles E402 | \$5 if you can't bring own wool and needles. |
| Get Brecht A deeper analysis and exploration of dramatic theory through exploration of text and design elements of practical performance. | Friday lunch 12.30-1.30pm | Theatre | J.Wagner E402 | Nil |
| Languages Club Meet up with like-minded lovers of travel, culture and international food. Sign up for Languages Club if you are studying a language, or if you want to know some basic communication when you go see the world. Each session will focus on one of our five major world languages at EC and feature some great cultural activities, with a big focus on food. Think okonomiyaki, dumplings, eclairs, waffeln and pizza! You can also try out and get help with the online language app Education Perfect so you can learn a language at your own pace at home. | Mondays 3.00pm – 4.15pm | Library Sem Room 2 | M-R.Genovese L204 + Languages Teachers Team | Nil |
| LAN Games Bring your own portable devices if you desire. This will be a good setting to tee up a local LAN game, talk gaming tactics and make new friends. | Wednesday Lunch 12.30pm – 1.30pm | T301 | L.MacDonald T302 | Nil |
| Life Drawing A must for all students wishing to learn how to draw and an opportunity for visual art students to build a substantial support folder for assessment. A Life model will be provided for each session. | Wednesday 2.30pm - 4.00pm | B213 | J.Morgans T207 D.Stolp N210 K.Camm T207 | Nil |

| | | | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|---------------------------------------|----------------------------------|------|
| <p>Motorsport Enthusiasts Join a group of like-minded students and teachers to attend a motor sport event such as the State Motorkhana Championship at Symmons Plains, Lufra Regularity Hill Climb at Eaglehawk Neck, or Baskerville Historic meet First meeting Wed 28th July F108 to collect information and paperwork.</p> | Saturday 21.8; 11.9 or 18.9 full day tbc | F108 Meetings | S.Cameron F103 R.Reed D107 | \$15 |
| <p>Peaceful Program This is an 8-week program facilitated by school health nurses to reduce stress and anxiety. It's aimed at providing you with effective skills, practices and support to utilise coping strategies that lessen the symptoms of anxiety and stress. This can increase your resilience to deal with stress that occurs in life. The program is based on positive psychology and mindfulness and can complement exam preparation.</p> | Monday lunch 12.30-1.30pm | A305 | J.Blackaby School Nurse N107 | Nil |
| <p>School of Business The School of Business program is open to all students with an interest and passion for business. The program provides an opportunity for you to explore the world of business outside the classroom and gain an insight into how Tassie businesses achieve success. The program runs all year with the opportunity to tour a variety of businesses, participate in their service, listen and network with industry leaders and attend business workshops. There is also a UTAS Business School scholarship available for one stand-out School of Business student.</p> | Some Wednesdays 2.30 – 3.30 with 2 x Tuesday Excursions per term. Schedule tbc | A305 | L Jackson A306 | Nil |
| <p>Wildlife and Animal Rescue and appreciation – new program for Block 2 Learn more about Tasmania's fascinating range of mammals, raptors and reptiles, and help the recovery and rehabilitation of injured and orphaned animals. In term three students will visit Bonorong Wildlife Sanctuary to see the animals on a personalised tour which includes seeing the new purpose build wildlife vet facility and finding out about the Friends of Carers Program, participate in actual wildlife rescues and animal transports, and walk the Greyhounds at Brightside Animal Sanctuary. Other possible activities include collecting materials for own rescue kit, dog walking, or museum visits by arrangement. Cost includes Bonorong visit, other activities proposed here are free. First meet Wed 28th July 2.30pm F104.</p> | 3 Wednesdays 2.30pm – 5.30pm + 1-2 short meetings by arrangement. | F104 + off campus excursions/rescues. | S.Cameron F103 C.Dergess A310 | \$10 |

Stephen Cameron - Enrichment Coordinator F103

Ph 03 6235 6579

steve.cameron@education.tas.gov.au