# ELIZABETH COLLEGE NEWSLETTER



### FROM THE PRINCIPAL

As we approach the end of term much teaching and learning has been done, however, the next period of time can be very powerful for students to maximise results. It is important to not take the foot off the pedal!

#### Below are a few key tips for all students

- Attend all classes. Accessing teachers and engaging with peers can help to improve understanding of key skills and knowledge. If classes are missed, so are learning opportunities. Pretending this is not the case does not result in good outcomes.
- Submit all assessment work. This allows the teacher to grade and give credit for what you know and can do. If work is not submitted, this can't occur.
- Make use of teachers who are here to support and guide. Ask for clarification if required and ask for and act on feedback.
- Attend tutorials. These are run by expert teachers and are responsive to student needs. Talk to teachers or check socials for the timetable.
- Review the My Learning Goals that were set earlier in the year, consider what progress has been made and what needs to come next.
- **Reflect on what has worked well,** and keep doing it. Consider other approaches where things have not gone to plan.
- Use the holidays to catch up and consolidate if needed, so Term 4 starts well.
- Have a balance. This includes time with family and friends but also spending appropriate amounts of time on studies.
- Seek proactive support to keep on top of things before things become too much to manage.
- **Don't give up** if things have not gone to plan. We want students to succeed and will work in partnership to support them.

#### For those with exams approaching

- Work at a steady pace between now and the exams. This should lessen the burden down the track.
- Make good use of the holiday period, noting it is important to have a balance between being well-prepared and being well-rested.
- Develop a preparation plan between now and the exams, mapping out what needs to be done and when. The next challenge is to not procrastinate or blank it out of your mind, as that puts off the inevitable.
- Action the plan. As things get ticked off the list, a sense of achievement should follow.
- Be realistic about commitments and expectations.
- Study smarter, not harder. Being productive is key.
- Each day is a new day to reset and a new opportunity to build knowledge, skills and confidence.
- Visit the TASC website to view course-related specific sites, past exams and examiner's reports to get inside the mind of exam markers (tasc.tas.gov.au/ students/years-II-and-I2/preparing-for-exams/).
- Remember, your best is all you can do!

Best wishes to all students in the lead-up to the holidays and for Term 4.

Shane Fuller Principal



### JAPAN TOUR 2024 – A LANGUAGE AND CULTURAL TOUR TO REMEMBER

#### Days 1-4: Tokyo

**First Impressions:** The intense heat and striking differences from Tasmania were immediately apparent.

Cultural visits: Akihabara, Sensoji Temple, Tokyo Skytree, Kawagoe, Harajuku, Meiji Jingu, Shibuya, Okachimachi, and teamLab Tokyo.

Memorable Moments: Exploring Tokyo's markets, historical and shopping districts, game centres, shrines, and temples were top of the list as we explored Japan's capital city. Tokyo's trains, trams and monorail efficiencies became a highlight of the trip and kept us on time and on track for our cultural experiences.

#### Day 5: Disneyland Tokyo

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First Impressions: Hot, sundrenched and exciting. Disneyland Castle was a welcome sight as we walked into Disneyland Main Street. Students and teachers joined the queues to experience the thrill of the rides. Tracking Tigger and other classic characters became a fixture for some.

Memorable Moments: Tokyo Disneyland Electrical Parade Dreamlights, a nighttime spectacle of lights and characters, followed by a group ride on Big Thunder Mountain.

#### Day 6-8: Osaka

First Impressions: Osaka's more relaxed pace, simplicity, and convenience to the local train station from the accommodation made Osaka a favourite among the group. The city's efficient transportation system further enhanced our experience. Travelling via the Shinkansen (bullet train) provided travellers with a glimpse of Mount Fuji.

Cultural visits: Kyoto, Kiyomizu-dera temple, Nara Park Shrine, Todai-ji Temple and the Giant Buddha, Dotonbori.

Memorable Moments: Osakan Okonomiyaki (Japanese Omelette), Group Karaoke – yes our Principal, Shane Fuller got involved, our group competition at the Osaka Aquarium, being chased by deer at Nara Park.

#### Day 9-12: Hiroshima

First Impressions: Greenery, forested and a well organised city. Hiroshima felt different from all other places in Japan and left a profound impact with its tragic history. Surrounded by water and close to forested islands, Hiroshima offered a cooler and powerful experience of Japanese history and contemporary culture.

Cultural visits: Miyajimaguchi, Miyajima, Hiroshima Peace Memorial Park and Museum, the Mazda Factory, Hiroshima city and Hiroshima Castle.

**Memorable Moments:** Visting the Hiroshima Peace Memorial Park and Museum affected all members of the tour, leaving students to consider the personal losses from WWII and perception of nuclear war. Hiroshima Okonomiyaki (Japanese Omelette), the Mazda Factory was a once in a lifetime experience for some on the trip, the ferry ride to Miyajima.

Our sister school, Inokuchi Senior High School was a highlight for all and our Japanese language was put to the test as we spent time conversing with Inokuchi students and staff over our two day cultural visit.

Inokuchi Senior High School welcomed our Elizabeth College tour group with warm hospitality, including a full school assembly, cultural lessons, school prepared lunch and a musical tribute. Students and staff made a lasting impression, deepening our connection with Japanese culture and all Elizabeth College students left having made new friends.

#### In the student's words:

"I loved the atmosphere, scenery, people and architecture. However, my most memorable moment was meeting the various fun cultural activities.

During the trip I learnt that there is a bigger world out there, different cultures and things to experience as well as the different experience of travelling without your parents."

Angelina Ong





#### Our time at Inokuchi Senior High School

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Our Japanese Tour 2024 fostered self-reflection, social capabilities, and a deeper appreciation for teamwork and cultural differences as well as deepening students' Japanese language. We cannot wait to share this experience with our future Elizabeth College students.

### SCIENCE WEEK 2024

National Science Week opened in grand style with a special event at Government House, organised annually by Elizabeth College. This year, we were thrilled to welcome 19 schools, each sending two of their brightest Science students. Elizabeth College proudly contributed 10 of our students as guests and another 10 students from our Jazz Ensemble provided live music for the occasion.

On campus, Science Week involved dynamic workshops for local primary and Year 9 students.

We hosted 12 primary schools, around nearly 500 students plus their teachers and parents, for exciting activities ranging from volcanoes and bubbles to lasers and custom computer games. Year 9 students from Hobart City, Taroona, and Montrose Bay engaged in hands-on experiments like building bungee jumps and testing sandwich nutrition.

Science Week once again was a huge success and a highlight on the EC calendar.

### EC OLYMPIAD

A number of Home Groups participated in the inaugural Elizabeth College Olympiad in August.

Over two weeks, the gym was arranged with a number of activities – some with a sporting focus such as throwing a basketball from the free throw line and seeing how high you can jump, to other fun activities such as quoits, making a paper ribbon from a piece of A4 paper and transferring M&Ms from one bowl to another using chopsticks.

The focus was on participation and enjoyment. The wallsit, planking and paper ribbon tearing were very competitive events.



Thanks to Ollie Close and Scott Lampasona and their HPE students for their help setting up and running the more technical activities.

Spot prizes were awarded during the activities with the winning Home Groups being HG3, HG7, HG25 and HG41.





#### HITTING THE RIGHT NOTES

Three days of music, workshops, great gigs and hanging with the band! What more could you ask for ... er, sunshine? You can't have everything, so we forwent the sunshine and headed north in July for another epic visit to the Devonport Jazz Festival!

The EC Stage Band and jazz combo, the Jazz Custodians, played to riotous crowds who welcomed the students with open arms as crowd favourites. A day of workshops and presentations for under 5s to over 50s kicked off the trip and was a highlight among the students. Students themselves saw some stellar performances by mainland jazz artists, had late night sundaes at Maccas, played some cracker gigs to awesome audiences, explored Devonport and had a fantastic time talking jazz and tunes.

### 2025 MUSICAL ANNOUNCED

Technical Theatre students are busily planning for next year's musical, *Urinetown*, described as a side-splitting tale of greed, love and revolution, where water is worth its weight in gold. This Tony Award-winning musical is set in a Gotham style city where the rich control the use of public amenities. With over 14 lead characters and a range of different environments and moods created, the Technical Theatre class have been floating and developing costume, prop and lighting ideas to create this colourful, comedic romp. These ideas will be shared with our cast at our annual workshop day on Tuesday 3 February. We can't wait to see the Tech students' vision come to life next June.



### MUSIC STUDENTS ROCK

Music students have been performing non-stop this term in preparation for their final recitals and performance assessments. With several large-scale events in the coming weeks, students have been putting on several lunch time concerts on the T-Block deck and in the E Block 'Film Room' to practice their live performance skills. The level of music being presented has been outstanding and the students should be proud of the hard work they have been putting in this year. We wish the students the best of luck in their upcoming performances!

# MUSIC MASTERCLASS

On Sunday August 25, Elizabeth College was thrilled to host the 'Aussie TV Guitarist Masterclass in the College Theatre. This special event featured Michael Dolce and Simon Patterson, two of the most esteemed TV network guitarists in Australian history. Michael Dolce, renowned for his extensive work on 'The Voice,' where he has filmed and recorded nearly 4,000 performances over 13 seasons, shared his invaluable insights and experiences. He also regularly collaborates with leading Australian artists. Joining him was Simon Patterson, whose impressive TV credits include the Logie Awards, Carols by Candlelight, Australia's Got Talent, Dancing with the Stars, and a memorable stint with the 'Hey Hey It's Saturday' band from 1991-1999 and 2009. Simon has also contributed to recordings for notable artists such as Daryl Braithwaite, Marcia Hines, and John Foreman. The masterclass provided an exceptional opportunity for attendees to learn from and engage with these guitar legends, enhancing their skills and gaining unique industry perspectives. We were delighted to offer this enriching experience to our students and the community and appreciate all who attended and made the event a success.





### WELLBEING WEDNESDAY

The second last Wednesday of term was an exciting day dedicated to health and wellness. The Elizabeth College Wellbeing Expo featured over twenty vibrant stallholders, promoting a range of engaging health promotion activities – all designed to inspire and energise. A mouth-watering BBQ and salad bar lunch was provided, perfect for refuelling after exploring all the amazing stalls. And for a touch of furry fun, adorable therapy dogs brought smiles and stress relief. To add to the fun, spot prizes were awarded throughout the day! It was a day of fun, learning, and community spirit, a great way to finish a busy term.



### HEALING GARDEN UNDERWAY

This term VET Construction students began working on raised garden beds on the grassed area outside B Block. This is the beginning of a whole school initiative to create a Healing Garden. This garden will act as both a socially inclusive space as well as an outdoor teaching and meeting area. Kate Camm and Nerissa Fenton secured a small grant from the Department for Education, Children and Young People to include a yarning circle in the space. This will also be home to a fire pit which will be used at special events throughout the year. Keep an eye on the space to see it begin to fill with native plants and decorated by collected shells from country. It is our hope that this garden helps to create a feeling of inclusion for our whole school community.

#### STUDENTS AGAINST RACISM

During Week 6, students from English 3, English Inquiry, Legal Studies 2, Sociology and current EALD students participated in a powerful workshop run by Students Against Racism – a group of students from diverse backgrounds based at TasTafe and managed by their English language teacher, Gini Ennals.

Living in Between is a multi-award-winning anti-racism workshop that aims to create more inclusive schools and workplaces by providing an opportunity for Tasmanians to get to know people who have arrived as refugees and migrants. The workshop included stories and activities that explored the consequences of racism and how it can be addressed.



The program was a fantastic opportunity for students to gain insight into humanitarian migration, refugee camps, transitioning to a new place, and home country experiences. All participants were moved by the brave stories shared and left the session enriched and empowered to tackle racism in our community.





# LET IT SNOW

Earlier in Term 2, 18 students ventured to Mount Hotham Alpine Resort where they had the chance to experience skiing or snowboarding. The trip commenced with an early Sunday morning flight, followed by a lengthy bus ride, culminating in an arrival at Hotham village amidst the tail end of a snowstorm.

The weather was exceptional, with brilliant blue skies and crisp temperatures, not to mention tons of fresh snow from the season's best snowfalls. For many students, it was their first attempt at skiing or snowboarding, and the soft landings were much appreciated as they began their lessons. As the week progressed, students gained confidence and skill, exploring more and more of the mountain.

Despite the early mornings and occasional bruises, the improvement in skills and the enjoyment of the snow made every moment worthwhile. By the end of the trip, everyone was confidently navigating the slopes, and it was bittersweet to say goodbye as we departed the snowy paradise and returned to the real world.

#### PLAYFUL PROGRESS

This term in Playgroup has involved great learning and fun. The focus has been on building strong relationships with the children and helping them grow through carefully planned activities. Safety and wellbeing are top priorities, with all procedures and policies being followed closely during Playgroup. Children are also given the chance to join in group discussions, where they can share their thoughts and feedback about their Playgroup experiences.

Students have seen impressive improvements in the children's fine and gross motor skills, as well as in their confidence and participation. Imaginative play has been encouraged, with props like cardboard cars, a carwash, a safari bus, and pool noodle horses being created to add to the fun.





# LEGAL EAGLES

The Legal Studies 3 class enjoyed a visit by representatives from the UTAS Law School earlier in Term 3. Jess (EC alumni) spoke about studying law from the perspective of a current 4th year law student. She explained how she manages her time and pursues employment and volunteer opportunities. Professor Jane Nielson talked about the subjects offered in a law degree and the career options available. She highlighted the advantages of studying at a smaller and more intimate law school like UTAS. Her Excellency Professor Kate Warner addressed the topic of sentencing in Tasmania (having literally written the book on this topic!) to assist the class with their research into the Topical Legal Issue. She also provided some insight into how her background in the law informed her role as Governor of Tasmania. It was an informative and inspiring visit which motivated the class to explore pathways to future law studies!

#### UNLOCKING 2025's BEST SUBJECTS

In Week 6, the successful Year 11 Subject Expo was held in the gym during Home Group. This event provided current Year 11 students with a valuable opportunity to explore their academic futures and make informed decisions about their upcoming courses and career pathways.

The expo featured Curriculum Leaders and current Year 12 students, who shared their insights and experiences. Attendees had the chance to ask detailed questions about different subjects, pathways, and what to expect in the next academic year.

The event effectively complemented the ongoing work in Home Group sessions, where students have been engaging in course, career, and pathway planning. The Subject Expo offered additional support and clarity, helping students take a significant step toward their academic and career goals.



# SLEEP = SUCCESS

Sleep is crucial at every stage of life, but it's especially important for young people who often face unique sleep challenges. Recognising this, the School Health Nurses, Ashley and Carlie, recently organised some informative sessions to help students understand and improve their sleep habits.

Over two weeks during Home Group, these sessions aimed to educate students on the importance of sleep and provide practical tips for getting the best rest possible.

Discussions covered several key topics:

- The Sleep Cycle: Understanding the stages of sleep and how they affect overall rest.
- Age-Appropriate Sleep Needs: Learning how much sleep is necessary at different ages.
- Impact of Physical Activity and Stress: Exploring how exercise and stress levels can influence sleep quality.
- Establishing Routines: Emphasizing the importance of consistent sleep routines for better rest.
- Creating a Sleep-Friendly Environment: Tips on setting up a cozy, conducive space for sleeping.
- Cognitive Function and Sleep: Highlighting how adequate sleep is linked to better cognitive performance, including on exams.

Hopefully these sessions provided valuable insights and practical advice that will help students improve their sleep and overall wellbeing. Remember, good sleep is essential not just for health, but also for academic success!



#### GLOBAL OPPORTUNITIES

On Thursday 25th July Elizabeth College welcomed four international education agents (from Brazil, Italy, Germany and Taiwan) to our campus. The agents participated in a tour around Elizabeth College, visiting maths, science and catering classrooms. The highlight of the tour was lunch prepared by Certificate II Cookery students. These visits by international education agents represent an important opportunity for Elizabeth College to promote the unique educational experiences that students from overseas can have at our school.

# WORK IN PROGRESS

This term, Level I and 2 Visual Art students each exhibited a piece of work. Students selected an individual theme and are working towards creating their body of work, which is in progress, hence the exhibition name. Some of the works are quite literally in progress (a piece of unfired ceramic work for example). Work from all studio areas, digital art, photography, ceramics, printmaking, drawing and painting were on show.

The following students were voted 'Best in Category' from the people's choice votes.



Photography – Jewel Hurst



Painting – Lola Willis



Ceramics – Azalia Henricks



Painting – Lola Willis



Printmaking – Ivy Marshall

# VET SUPERSTARS

The Tasmanian Training Awards celebrate Tasmania's finest apprentices, trainees, vocational students, teachers and trainers. Elizabeth College has an exceptional teaching staff and student body, and this has been highlighted in the 2024 Tasmanian Training Award nominations. We had two students as finalists at this year's awards: Connor Maguire as a finalist in the VET in Schools Student of the Year category and Cameron Latham as a finalist in the Equity Vocational Student of the Year category. A huge congratulations to these amazing students for their hard work and dedication to their VET studies. Well done to Connor, for winning his category, a wonderful achievement. A special mention also to Scott Lampasona, our Certificate I and II in Sport and Recreation teacher, who was shortlisted for the VET Teacher/Trainer of the Year for his outstanding program and contribution to our school community.









After a long hiatus, the Student Leadership Group were able to plan and prepare a night to celebrate the class of 2024. The gym was transformed into a chic space with floral arrangements and fairy lights. Over 80 students and staff danced the night away, grabbing mementos from the photo booth to remember their time at EC.











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