## ELIZABETH NEWS OCTOBER 2025



## FROM THE PRINCIPAL

In this newsletter I would like to honour the Elizabeth College Year 12 cohort. Recently we held our Graduation Celebration which is a significant milestone as they approach their final period of formal schooling. There have been many memories created over the last few years, and I hope these will be cherished. We know that many young people grapple with major challenges and obstacles to make it to this point and have to show resilience and determination. We are very proud of all of them!

I would also like to thank the Year 12 parents and carers for your support and faith. It has been a privilege working to help support the growth and development of these fine graduates. It is a partnership where we need to work together, celebrating the successes, and navigating the challenges your young people have encountered. I would like to also recognise the staff for the role that they have played in the development of these young people.

I wish all students the best with their upcoming TCE examinations. What we want for all Year 12s is for them to be the best version of themselves, and we hope they take the lessons they have learned at EC into the future to unlock their potential and positively contribute to the world around them.

Best wishes

Shane Fuller

## SUPPORTING STUDENTS AT EXAM TIME

Exam week can be tough for many students, and parents and carers play a key role in helping them stay on track. Even if your young person says they're managing, they might still be feeling stressed or overwhelmed under the surface, and could benefit from a little extra support.

One of the best ways to help is by encouraging good organisation. Working together to create a realistic and manageable study plan can make a big difference, helping your young person feel more confident and in control. Setting up a dedicated, comfortable study space with minimal distractions also boosts focus and productivity.

It's important to maintain balance, too. Getting enough sleep, eating nutritious meals, and fitting in regular exercise can help reduce stress and improve concentration. Don't forget to encourage short, regular breaks, whether it's getting outside, playing a quick game, spending time with a pet, or watching a favourite show, these little pauses help clear the mind and recharge energy.

All Level 3 students should familiarise themselves with the TASC exam guidelines and procedures, which can be found at <a href="Preparing for exams - TASC">Preparing for exams - TASC</a>. This resource also explains what to do if a student is unwell on exam day. If exam nerves start to take hold, our Student Services team is here to help; encourage your young person to reach out for support when needed.

## STUDENT ACHIEVEMENT

- Heidi Barker secured 2nd place in the College Acoustic Acts category of the Rock Challenge state finals
- Elizabeth Snow received the Australian Music Examinations Board Gold Award
- Sam Barker won a silver medal at the Australian All Schools Orienteering competition
- EC teachers Naomi Colbeck, Sarah Cupit and Jess Davies completed their Open Water Diving Certificate on the Great Barrier Reef trip, while students Samara Munoz Miguel and Kaden Alley completed their Advanced Certification
- Alice Smillie competed at the Virtus World Athletics Championships, winning silver in the Women's 4x100m Relay and running the 100m Final in 13.54, a state record
- Xander Roberts was awarded a 2026 Clarence Jazz Festival scholarship and Rudy Kelly has earned a mentorship opportunity to support the commissioning of a new work for the 2027 Clarence Jazz Festival.
- Lu Chen, Franklin Legg, Mina Nguyen, Sanjo Pakkathu Soviachen, Nicholas Robbie and Lilly Ryton-Benson each received a Participation Award for the 63rd UNSW Mathematics Competition
- In the Australian Mathematics Competition, Lu Chen received a Distinction, Mark Langfellner and Nicholas Robbie received a Proficiency, Lilly Ryton-Benson, Franklin Legg and Sanjo Pakkathu Soviachen received a Credit, and Pratyaksha Bhattarai received a Participation Award

- Mark Langfellner was awarded a Certificate of Excellence in the Royal Australian Chemical Institute (RACI)'s National Titration Competition and has also received a Gold Award for the Education Perfect English Competition
- In the RACI International Chemistry Quiz, Ewan Anderson, Yvie Hanigan, Sean Harbottle, Alex Kobylinski, Theo Patman and Nicholas Robbie each achieved a Distinction, and Kaden Alley, Sebastian Deeley, Molly Doyle, Mark Langfellner, Leray Lim, Rosie Malcomson, Fletcher Nuss, Sanjo Pakkathu Soviachen, and Rachel Smith each achieved a Credit
- In the Science Teachers Association Tasmania Tasmanian Science Talent Search, Ewan Anderson achieved second prize for his Environmental Science project "The Effect of Altitude on Air Quality" and Rose Malcomson was awarded a Certificate of Commendation for her Environmental Science project "Analysis of Wind Speed Data in Hobart"
- In the Australian Science Olympiads Chemistry Olympiad Examination, Stanley Foster received a High Distinction, Sanjo Pakkathu Soviachen received a Distinction and Yvie Hanagan received a Credit
- An Le was awarded an invitation to attend the National Youth Science Forum in February
- Ewan Anderson, Hazel Arora, Laura O'Reilly and Lilly Ryton-Benson attended the Australia and New Zealand Association for the Advancement of Science - Youth ANZAAS in Melbourne

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