

## FROM THE PRINCIPAL

Welcome to Term 3! In many ways, the next ten weeks will be crucial in setting students up for their TCE. We know that some students have a clear plan mapping out their futures, whilst many still live with uncertainty. This is perfectly ok. For both perspectives, having options is important and maximising school-based opportunities can really set students up well.

We know that completing Years 11 and 12 can feel difficult and relentless at times for students. Having a healthy balance (sleep, nutrition, work, connecting with others and relaxation) means that students are more likely to experience happiness and success; this should be a priority.

Students can make the best choices by:

- reviewing goals because a plan without goals is just a wish. This helps when curveballs come our way and gives us more control over our future
- thinking about personal values. This inner compass guides our decision-making and helps us to think about whether our actions and thoughts are in sync
- challenging themselves to do their best and be realistic. Being able to tick off short-term goals always creates a feeling of satisfaction
- attending timetabled classes so they are connected and engaged in their learning
- engaging with coursework and ensuring classwork is completed thoroughly. This means feedback can be authentic
- asking for and acting on feedback, so they can be affirmed and consider the way forward
- allowing enough time to plan and complete assessment work. Then ensuring all assessments are submitted!
- developing a study timetable in preparation for exams. Plan to succeed!

Some tips for parents and carers:

- Have appropriate expectations
- Stay positive and calm
- Help with time management, including steering students away from distractions
- Promote a healthy lifestyle
- Keep study areas comfortable, quiet and well lit
- Encourage students to talk it out and use relaxation techniques
- Help quiz students (when asked)

“Success in anything comes down to focus and effort, and we have control over both of them.” - Dwayne Johnson

Best wishes for Term 3, and I urge students to seek support from those around them. We prefer it that way!

Shane Fuller



Acrylic on canvas  
by Amelie Moschberger  
Visual Art 3

*Celebrating NAIDOC Week*



## LOOKING TO THE FUTURE

This term is a busy one, preparing for the end of the year and what lies ahead. The annual Careers Expo will be held on Wednesday 9th August between 10:30am – 1:30pm in the gym. There will be a wide range of providers available for all students to engage with, from both vocational and academic streams.

For students in Year 12 who are considering university in 2024, the UTAS School Recommendation Program opened on 29th June and closes 31st July, with offers made late in August. There will be further rounds in August and September, so students can continue to apply. UTAS scholarship information and application assistance will be presented on 13th September at lunchtime in the library. Mainland university applications open from 31st July via the various state application centres and Monash University will be hosting an information session on Thursday 10th August at lunchtime in the library. Look out for a reminder about these sessions on the Home Group News!

For Year 11s, course counselling and subject selection for 2024 will begin this term.

Home Group teachers and subject teachers are great advisors for students who are not sure what path to take next year and Dave in the Careers Centre is always available to support students in conversations about life after Year 12.

## STUDENT AND STAFF ACHIEVEMENT

- Zach Barrow recently made his debut for the Tasmanian Devils in the Coates Talent League
- Tim Le, Lockie Fox, Abhitaj Singh, and Moanie Zier Williams were selected to represent Tasmania at the 2023 Australia and New Zealand Association for the Advancement of Science “Youth ANZAAS” conference in Melbourne this month, with each awarded a bursary from the Royal Society of Tasmania
- Moanie Zier Williams won first prize in the ‘Hors concours’ category of the Alliance Francaise poetry competition and Oscar Greenwood won second prize in the 3C category
- Will Sproule is a member of the Tasmanian Under 18 boys’ hockey team who were undefeated in the National Under 18 Championships, winning the final against Queensland
- Stanley Foster and Daniel Ocoleanu took out first and second place respectively in the Intermediate Section of the Mathematical Association of Tasmania (MAT) Problem Solving Competition
- Robyn Harman, our key Visual Arts relief staff, won the Bay of Fires Art Prize

## UPCOMING DATES FOR YOUR DIARY

Wednesday 9 August	Careers Expo
Monday 14 August	Science Week Begins
Wednesday 16 August	Reports to Students
Thursday 24 August	Discussions of Learning
Wednesday 30 August	Subject Expo
Friday 1 September	Moderation Day - Student Free Day