

FROM THE PRINCIPAL

Education is a powerful tool for unlocking opportunities for the future. Central to this is making sure that Term 3 sets students up well in terms of their TCE. As a school, we hope that they can do the best they can under their circumstances. Our staff are here to support students and families so please reach out if that is needed.

We know that completing Years 11 and 12 can feel difficult and relentless at times for students. Having a healthy balance (sleep, nutrition, work, connecting with others and relaxation) means that students are more likely to experience happiness and success.

Students can make the best choices by:

- Reviewing goals because a plan without goals is just a wish. This helps when curveballs come our way and gives us more control over our future.
- Thinking about personal values. This inner compass guides decision-making and helps us to think about whether our actions and thoughts are in sync.
- Challenging ourselves to do our best and be realistic. Being able to tick off short-term goals always creates a feeling of satisfaction.
- Engaging with coursework the best you can and ensuring classwork is completed thoroughly. This means when you get feedback, it can be authentic.
- Asking for and acting on feedback, so you can be affirmed and consider the way forward.
- Allowing enough time to plan and complete assessment work. Then ensuring all assessments are submitted, so you can get good grades.
- Developing a study timetable in preparation for exams. Plan to succeed!

Some tips for parents and carers:

- Help with time management, including steering students away from distractions
- Stay positive and calm
- Promote a healthy lifestyle
- Keep study areas comfortable, quiet and well-lit
- Have appropriate expectations
- Encourage students to talk it out and use relaxation techniques
- Help quiz students (when asked)

Having a focus on wellbeing and learning is always important, but especially during Term 3.

Best Wishes

Shane Fuller

Principal

*Miles Kelly,
Digital Art 3*



An amazing time was had on the Japan trip!



EXTRA CURRICULAR, EXTRA SPECIAL!

What a great time to be a student at Elizabeth College, with so many opportunities both inside and outside the classroom. In the last month alone, we have sent students on amazing adventures including a creative immersion in Sydney, a cultural extravaganza in Japan, the hopping Devonport Jazz Festival and skiing on Mt Hotham.

These experiences are most certainly highlights of EC's esteemed Enrichment program, of which Block Two is about to start. Students can enrol in clubs, tutorials, sports teams, music ensembles, special interest activities and even earn nationally-recognised qualifications. Make sure you're checking the Home Group News each week for details of your chosen activity.

STUDENT AND STAFF ACHIEVEMENT

- Will Sproule played in the Tasmanian Under 18s hockey team in the Masters National Championships on the Gold Coast
- Danika Wright participated in the Australian and New Zealand Association for the Advancement of Science (ANZAAS) Youth Conference in Melbourne. Danika met other science students from across Australia and participated in science activities and experiences including behind-the-scenes tours, lectures with leading scientists, doing hands-on research, and using cutting edge technology
- Daniel Ocoleanu, Moanie Zier Williams, Nicholas Robbie and Matilda Lewis participated in the 2024 Science Olympiad qualifying examinations in Physics, Chemistry and Biology
- Naren Ganesh Pillai participated in the 2024 Math and Science Scholars Summer Program at the University of Michigan. One of the many exciting and challenging aspects of the program for Naren was the session entitled "Informational Thermodynamics – turning knowledge into power!"
- Connor Maguire and Cameron Latham have been shortlisted for the 2024 VET in Schools Student of the Year and Equity Apprentice or Trainee of the Year, respectively

UPCOMING DATES FOR YOUR DIARY

Monday 12 August

Wednesday 14 August

Wednesday 21 August

Wednesday 28 August

Thursday 29 August

Friday 30 August

Science Week Begins

Bullying No Way Day

Reports to Students

Discussions of Learning

Subject Expo

School Association Meeting

Wear It Purple Day