

FROM THE PRINCIPAL

Welcome to the final e-news for the year. It is hard to believe we are at this point already! It is important to note the opportunities available to students at this time. They can work with teachers to secure the results they deserve through commitment, being proactive and productive. A big push at the end of the year can really improve outcomes.

This time of year also brings a raft of feelings to the surface, particularly those in Year 12. Some will be proud of their achievements, some may be disappointed, some will feel more settled, some may still feel anxious about the future and exams, some will feel excited about the next chapter of their lives, some will feel a sense of loss by not being surrounded by people they have seen regularly. Regardless of where we sit on this continuum, it is a time to reflect, consider growth and look at the possibilities.

As a school community we know that not every student can achieve the highest possible grades in every assessment or exam. This is not reasonable or expected. We are proud of each student who has worked hard, tried their best, overcome challenges, developed their resilience, made new friends, contributed positively to their community, demonstrated leadership and been respectful to themselves, others and their environment. I wish all students well in the remaining time they have at Elizabeth College this year.

I sincerely thank our teachers for their work in the classrooms and beyond. We are fortunate to have such expert and caring staff who work tirelessly to support our students to be their best. To our parents/carers, thank you for working in partnership. We know the importance of this relationship and having parent/carer involvement in education is a powerful driver in students being committed, motivated, supported and successful in achieving their educational goals. Special thanks to our School Association parents/carers, your voice is always valued!

Lastly, our yearbook (The Lens) which will be distributed to students on 8 November is a celebration of our school and the people in our community. Thanks to all who have made this publication possible. It is, no doubt, a keepsake!

Best wishes

Shane Fuller

Well done to Theatre Performance students who presented a great performance of The Laramie Project



UPCOMING DATES FOR YOUR DIARY

Thursday 7 November	WHAAM! Art Exhibition Opening VET Graduation
Friday 8 November	Final Assembly and Activities Day
Mon 11 - Thu 21 Nov	Written TASC Examinations
Wednesday 18 December	TASC Results Emailed to Registered Students

Elizabeth College
Department for Education, Children and Young People

THE EXAM PERIOD: HOW YOU CAN HELP

As the exam season approaches, many students may experience increased stress. It's essential for parents and caregivers to actively support their young ones during this challenging time. Even if they seem to manage on their own, students might feel vulnerable and overwhelmed, so extra help will be beneficial.

Establishing a solid routine and creating an achievable study plan can boost students' organisation and confidence. A conducive study environment is crucial for maintaining focus; setting up a comfortable, distraction-free space can make a significant difference.

During intense study periods, prioritising sleep, exercise, and nutritious meals can alleviate stress. Short, regular breaks are also important to help balance a study schedule and clear the mind. Effective ways to recharge include spending time outdoors, playing sport or even board games, cuddling with pets, or watching a movie. Level 3 students should familiarise themselves with the TASC exam guidelines, available at Preparing for exams - TASC. This resource includes important information on what to do if a student is unwell and unable to sit their exams. If anyone feels anxious about their exams, our supportive Student Services team is here to help - encourage your young person to reach out for assistance.

STUDENT AND STAFF ACHIEVEMENT

- Sarah Wood won second place in the 2024 Tasmanian Hanyuqiao Chinese Speech and Cultural Performance Competition
- Cong Tuan Truong placed second, and Taylor Tang placed third in the TASC 3 Category of the 2024 Chinese High School Speaking Competition
- Zhandro Nunez competed in the International NBA Basketball School Tournament in Abu Dhabi
- In the Royal Australian Chemical Institute's International Chemistry Quiz, Nicholas Robbie achieved a Distinction for the Year 11 paper, while for the Year 12 paper, Stanley Foster achieved a High Distinction, Matilda Lewis and Daniel Ocoleanu achieved a Distinction, and Tim Iusupov, Sierra Pammenter and Red Carlyon achieved a Credit
- Daniel Ocoleanu achieved a Credit in the senior division of the UNSW 62nd Annual Maths Competition
- Red Carlyon achieved a Certificate of Excellence in the Royal Australian Chemical Institute's Titration Competition
- In the Australian Mathematics Trust - Australian Mathematics Competition, Franklin Legg and Stanley Foster achieved a High Distinction, Ewan Anderson and Daniel Ocoleanu achieved a Distinction, Sanjo Pakkathu Soviachen and Matilda Lewis achieved a Credit, and Duncan Munro achieved a Proficiency
- In the 2024 Science Olympiad Examinations, Moanie Zier Williams achieved a Credit in the Biology exam and Daniel Ocoleanu achieved a High Distinction in both the Chemistry and Physics exams
- Ashlyn Vernon's story, 'It Comes With Age' was selected as a runner-up in the Young Tasmanian Writers' Prize